

**\*Please remember that your follow-up care is as important as the actual procedure.\***

- Follow the eye regimen below recommended by Dr. Siems.
- Your first mandatory post operative appointment will take place at our center within 24 hours following surgery.  
**\*\*Your appointment time will be given to you immediately after surgery.**
- Following your 24 hour visit you are required to attend 3 additional post-operative appointments (5 for LASEK/PRK). Post-operative examinations are required 1-2 weeks, 1 month, and 3 months from the surgery date for LASIK. These are necessary to help us evaluate the healing process of your eyes and to guard against infection.
- If you choose to use your own eye care professional, Dr. Siems will require pre and post-operative reports faxed or emailed to him to follow your progress.

**EYE DROP SCHEDULE**



Day 1 ____	Day 2 ____	<b>**Please Note :</b> <b>PRED FORTE must be name brand.</b>		
<b>ACULAR LS</b>	<b>ACULAR LS</b>			
2 times per day	2 times per day	Day 3 ____	Day 4 ____	Day 5 ____
<b>ZYMAXID</b>	<b>ZYMAXID</b>	<b>ZYMAXID</b>	<b>ZYMAXID</b>	<b>ZYMAXID</b>
4 times per day	4 times per day	4 times per day	4 times per day	4 times per day
Day 1 ____	Day 2 ____	Day 3 ____	Day 4 ____	Day 5 ____
<b>PRED FORTE</b>	<b>PRED FORTE</b>	<b>PRED FORTE</b>	<b>PRED FORTE</b>	<b>PRED FORTE</b>
Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>
Day 1 ____	Day 2 ____	Day 3 ____	Day 4 ____	Day 5 ____
<b>OPTIVE® Sensitive Preservative-Free</b>	<b>OPTIVE® Sensitive Preservative-Free</b>	<b>OPTIVE® Sensitive Preservative-Free</b>	<b>OPTIVE® Sensitive Preservative-Free</b>	<b>OPTIVE® Sensitive Preservative-Free</b>
Every Hour <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>	Every 2 hours <i>while awake</i>

- ✓ **Wear the plastic eye shields every night for 5 nights**
- ✓ **Wear the dark glasses as necessary for bright lights and windy days**

**\*\*For emergencies only after hours please call 702-277-6500**

